

PURA VIDA

HEALTHY MENU

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Avocado *Smash* **\$130**

Toasted sourdough | served with sides of avo smash, radish, cucumber, micro cilantro

10 - 12 SERVINGS PER PLATTER



Bagels & *Cream Cheese* **\$85**

Bagel Assortment | everything • sesame • plain • assortment
| Add ons: Tuna Salad \$20 • Scallion dill Cream Cheese \$15 •
Avo Smash \$15 • Turkey Bacon \$45 • Pasture-Raised
Soft-Boiled Eggs \$27

10 - 12 SERVINGS PER PLATTER



Veggie *Omelette* **\$210**

Halves | Pasture—Raised Whole Eggs Scrambled with Scallions,
bell pepper, mozzarella, and spinach served with side of avo
smash, toasted sourdough and arugula

10 - 12 SERVINGS PER PLATTER



HEALTHY MENU



Perfect Egg *Sandwich* **\$190**

Sandwich halves | Pasture-Raised soft boiled eggs, arugula, mozzarella, tomato, olive oil, red pepper flakes, toasted plain bagel | Ciabatta

10 - 12 SERVINGS PER PLATTER

Sandwich *Platter* **\$230**

Toasted ciabatta | Assortment or pick one flavor | Cali chicken • Tuna sprout • Pesto chicken | Vegan GF green tahini + Served with chipotle | Sub GF bread +\$50 - GF green tahini or sauce or Spicy Aioli \$17

8 SANDWICHES CUT INTO HALF



Wrap *Platter* **\$210**

Whole Wheat Wrap • Assortment or pick one flavor • Kale chicken caesar • Crunchy veggie • Spicy salmon | Gluten Free \$40

8 WRAPS



HEALTHY MENU



Baked *Empanadas* **\$170**

Chicken • Beef • Spinach & Cheese 24 Empanadas | Assortment or pick on flavor served with green tahini & spicy aioli

10 - 12 SERVINGS PER PLATTER



Veggies & *Pitta* **\$110**

Toasted pita & crudite veggies | Hummus, olive oil, pomegranate seed, micro cilantro, green tahini

10 - 12 SERVINGS PER PLATTER



Fresh Fruit *Salad* **\$125**

Strawberry, blueberry, pineapple, kiwi | vegan GF granola & greek or coconut yogurt +\$40

10 - 12 SERVINGS PER PLATTER



Individual Meal *Packages - Bowls*

\$370 - \$545



Individual Meal *Packages - Salads*

\$320 - \$480



Individual Meal *Packages - Wraps*

\$290 - \$450



Cookie *Platter* **\$95**

GF Tahini chocolate cookie, Vegan walnut chocolate chip cookie, matcha, pistachio cookie.

10 - 12 SERVINGS PER PLATTER

HEALTHY MENU



Jen's *Herb* **\$145**

Arugula, kale, mint, cilantro, parsley, quinoa, jalapeno, scallion, spiced pumpkin seed, crumbled feta, apple cider vinaigrette

10 - 12 SERVINGS PER PLATTER



Greek Yogurt *Parfait* **\$185**

Greek yogurt, blended with organic grass-fed vanilla whey protein, almond milk, topped with dried cherry, pecan, honey, homemade vegan gluten-free granola

12 PACKS



Energy *Bites* **\$110**

Almond butter energy bites, peanut butter energy bites

12 PACKS ASSORTMENT



Thai *Almond* **\$145**

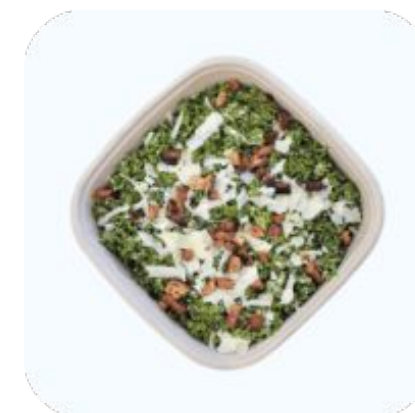
Basil, napa cabbage, mixed greens, edamame, red bell pepper, carrot, scallion, sesame seed, thai almond dressing,

10 - 12 SERVINGS PER PLATTER



The *Greek* **\$165**

Mixed greens, arugula, cherry tomato, marinated olives, red onion, cucumber, sweet bell pepper, crumbled feta, sourdough, crouton crumbles, herb vinaigrette.

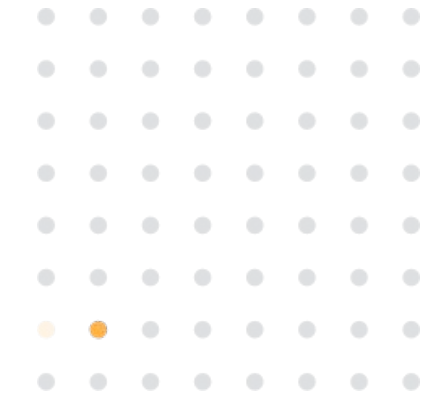


Kale *Caesar* **\$145**

Locally sourced chopped kale, shaved parmesan, toasted sourdough croutons, caesar dressing

10 - 12 SERVINGS PER PLATTER

HEALTHY MENU



Cold Pressed *Juice* **\$180**
Green deluxe • immune booster •
miami beet • the glow • lulu's lemon
12 PACKS



Wellness *Shots* **\$95**
flu shot • the glow • eternal youth
immunity shot • detox shot
12 PACKS



Orange *Juice* **\$155**
fresh squeezed
12 BOTTLES



Organic *Kombucha* **\$155**
Choose your flavor: ginger lemon
or watermelon cucumber
12 BOTTLES

PURA VIDA

Thank you.

Contact one of our Experience Experts to add any catering options to any yacht booking.

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